

## CONTENTS

Fellowes Office Productivity Solutions	272
Fellowes Mouse Pads	273
Fellowes Footrests	275
Fellowes Monitor Risers	276
Fellowes Laptop Risers	277
Fellowes Portable Netbook & Laptop Risers	278
Fellowes Monitor & Laptop Riser Comparison	278
Fellowes Blackout	279
Fellowes Copyholders Professional Series	279











FELLOWES OFFICE PRODUCTIVITY SOLUTIONS

MAKE YOURSELF COMFORTABLE

A few easy adjustments to your workstation set-up can make a huge difference in how you feel about your daily routine. Use the guide below to identify areas of discomfort and find the ideal product solutions for stress reduction and promoting a neutral work posture.

FELLOWES COMFORT SOLUTIONS GUIDE

Area of Discomfort	Potential Cause	Product Solutions
 Shoulders & neck	Improper keyboard or mouse positioning Improper monitor position	Keyboard drawers Monitor arm 
 Head & eyes	Improper monitor position Incorrect document placement	Monitor supports Document holders 
 Arms, hands, & wrists	Improper keyboard or mouse positioning Improper work surface height	Wrist supports 
 Legs	Legs dangling Lack of movement	Foot supports 

FELLOWES KEYBOARD SOLUTION

FIND THE RIGHT KEYBOARD SOLUTION

®Keyboard Trays position input devices closer and lower to the body to promote a neutral posture. These cornerstone ergonomic solutions also encourage proper seating and help reduce low back and upper leg stress.



Helps reduce neck strain and shoulder tension



FELLOWES OFFICE SUITES™ UNDERDESK KEYBOARD DRAWER

- Diagonal/Curved or Straight Workstation
- Glide track length 254mm travel
- Maximum width of keyboard and mouse platform 730mm
- Keyboard Platform dimensions (L x W) 511 x 196mm
- Plastic wrist rest included
- Mouse platform dimensions (L x W) 187 x 194mm
- Both mouse left/right mount
- Height above/depth below mounting surface 64mm, 54mm or 44m below track
- Sliding keyboard drawer
- Easy to install and adjust for personal comfort
- Keyboard tray features three height adjustments to suit preferred work position

236817 Underdesk Keyboard Drawer



## FELLOWES OFFICE SUITES™ MONITOR ARM

- Elevates flat panel monitors to optimal viewing height to prevent neck strain
- Easy to mount – two piece clamp mounts monitor between desk and cubicle wall
- Height adjustable arm moves up or down to five positions (25mm increments) 267- 368mm height range
- Supports flat panel monitors up to 21" and up to 9 kg
- Tilts up or down +/- 45°, pivots left to right 180°, and allows 360° rotation
- Clamps to surfaces up to 64mm thick (51mm desk overhang required) or mounts in grommet hole
- Includes cord management system

**236168** Monitor Arm



Easy to attach  
Requires no tools to attach  
Mounts to surfaces up to 64mm thick



## FELLOWES MOUSE PADS

### FELLOWES RECYCLED OPTICAL MOUSE PADS

- Made from 95% recycled tires
- Optical friendly for superior tracking

**236835** Mouse Pad Optical Recycled Leaves

**236836** Mouse Pad Optical Recycled Blue Ocean

**236837** Mouse Pad Optical Recycled Spa Flowers

**236838** Mouse Pad Optical Recycled Waterfall

**236839** Mouse Pad Optical Recycled Puppy



236835



236836



236837



236838



236839

### FELLOWES MICROBAN® MOUSE PADS

- Built-in antimicrobial protection that gives an added level of protection against microbes such as stain and odour-causing bacteria, mould and mildew

**236032** Mouse Pad Microban® Navy

**236033** Mouse Pad Microban® Black

**236034** Mouse Pad Microban® Silver



236032



236033



236034



# FELLOWES PALM AND WRIST SUPPORTS

## EXPERIENCE THE COMFORT

Health-V™ innovation takes shape in the form of the gliding palm support (optimal), mouse pad with wrist rest (preferred), keyboard and laptop palm support to help achieve a neutral posture. All feature Microban® antimicrobial protection and are available in several different colours and materials.



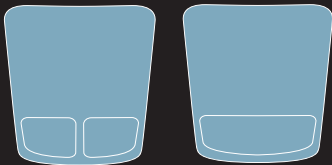
Helps reduce arm, hand and wrist discomfort

### TYPES OF PALM AND WRIST SUPPORTS

Gliding palm supports



Mouse pad wrist Rests



Keyboard



### COVERINGS

**Fabric**

**Fabric:** Soft, breathable jersey withstands daily wear and tear.

**Polyurethane**

**Polyurethane:** Smooth stain-resistant covering wipes clean with a damp cloth.

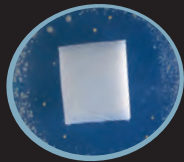
### MATERIALS

**Memory Foam**

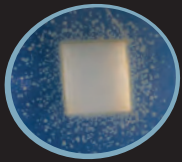
**Memory Foam:** Conforms to your wrist for exceptional comfort.

**Gel**

**Gel:** Provides soothing support while redistributing pressure points.



With protection



Without protection



Stop microbes in their tracks with Fellowes® products featuring Microban® antimicrobial protection. At least once or twice a year, 85% of office workers surveyed said they have gone to work when they should have stayed home sick.

## FELLOWES GLIDING PALM SUPPORTS WITH MICROBAN® PROTECTION

- Microban® antimicrobial protection keeps product cleaner
- Patented Health-V™ channel relieves wrist pressure to help prevent carpal tunnel syndrome
- Palm support glides effortlessly to encourage healthy, natural movement
- Updated palm guide keeps wrist correctly positioned
- Expanded cushioning puts any size hand in neutral posture
- Optical / laser-friendly mouse pad improves mouse performance

- 918010 Graphite Fabric Memory Foam
- 918020 Blue Fabric Memory Foam
- 918030 Black Fabric Memory Foam
- 918060 Blue Polyurethane Gel
- 918070 Black Polyurethane Gel
- 918340 Purple Polyurethane Gel



New Flexible harness  
Keeps Palm Support attached to your mouse



## FELLOWES MOUSE PAD AND WRIST SUPPORTS WITH MICROBAN® PROTECTION

- Microban® antimicrobial protection keeps product cleaner
- Patented Health-V™ channel relieves wrist pressure to help prevent carpal tunnel syndrome
- Optical / laser-friendly mouse pad improves mouse performance

- 236112** Graphite Fabric Memory Foam  
**236438** Black Fabric Memory Foam  
**236833** Blue Polyurethane Gel  
**236832** Black Polyurethane Gel  
**236834** Purple Polyurethane Gel



## FELLOWES KEYBOARD PALM SUPPORTS WITH MICROBAN® PROTECTION

- Microban® antimicrobial protection keeps product cleaner
- Patented Health-V™ channel relieves wrist pressure to help prevent carpal tunnel syndrome
- Contoured shape encourages correct ergonomic position

- 236828** Black Fabric Memory Foam  
**236826** Sapphire Fabric Memory Foam  
**236827** Graphite Fabric Memory Foam  
**236829** Blue Polyurethane Gel  
**236830** Black Polyurethane Gel  
**236831** Purple Polyurethane Gel



## FELLOWES GEL WRIST RESTS

- Ergonomically designed for the ultimate in wrist support and comfort
- Thick gel cushion conforms to your wrist to alleviate pressure
- Non-skid rubber backing keeps pad in place

- 236439** Blue Polyurethane Gel  
**236442** Purple Polyurethane Gel



## FELLOWES FOOTRESTS

### FELLOWES OFFICE SUITES™ ADJUSTABLE FOOTREST

- Adjustable footrest tilts 30° forward or back
- Locks in place or tilts freely for improved circulation
- Height adjusts to 105mm, 124mm or 143mm

**236814** Adjustable Footrest



## FELLOWES STANDARD FOOTREST

- Dual-position height adjustment
- Allows legs to stretch for increased circulation
- Textured surface massages soles of feet

**236295** Footrest



## FELLOWES CLIMATE CONTROL FOOTREST

- Climate control feature allows you to work more comfortably by adjusting the heat & airflow in your workspace. Low / High settings
- Auto – off feature turns unit off for you when not in use
- Height settings 127mm & 152mm
- Adjustable tilt of 5, 14 and 20 degrees

**236296** Climate Control Footrest





# FELLOWES MONITOR RISERS

## SEE IT FROM A NEW ANGLE

Fellowes monitor and laptop supports all have one thing in common - they help reduce shoulder, neck and eye strain by positioning monitors or laptops at a comfortable viewing angle. Each support product is fully adjustable so you can customise your screen position and create more usable space on the desktop.



Helps reduce neck strain and shoulder tension

### OPTIMISE YOUR SCREEN POSITION

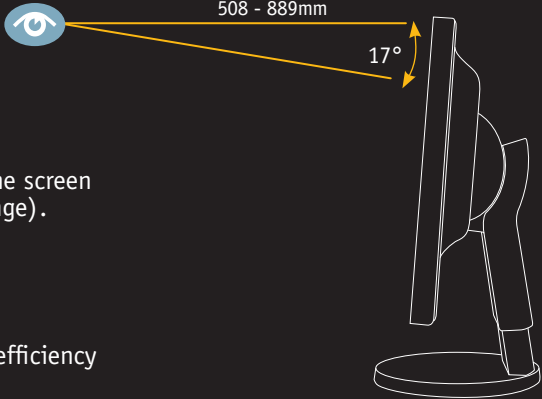
Use the following guidelines to set the optimal position for your monitor and avoid unnecessary eye and shoulder strain.

#### DISTANCE

Viewing distance should be about an arm's length away (508 - 889mm).

#### OPTIMAL HEIGHT

Position the top portion of the screen just below eye level (17° Range).



### OTHER CONSIDERATIONS



#### DOCUMENT HOLDERS

A built-in document holder helps reduce desk clutter, increase efficiency and improve ergonomic posture.

## FELLOWES MONITOR RISERS

### FELLOWES SMART SUITES™ MONITOR RISER PLUS

- Includes two accessory pods to store stationery, mobile phones etc.
  - Includes letter tray providing extra storage under the riser
- 232973** Monitor Riser Plus



### FELLOWES SMART SUITES™ MONITOR RISER

- Unique shape fits neatly into desk corner if required to maximise work space
- 232970** Monitor Riser



### FELLOWES OFFICE SUITES™ MONITOR RISER PLUS

- Platform features 3-way height and tilt adjustment for laptops
  - In-line copyholder positions documents for easy and comfortable viewing
  - Includes storage drawer to organise supplies
- 236812** Monitor Riser Plus



### FELLOWES OFFICE SUITES™ PREMIUM MONITOR RISER

- Includes cup holder and CD case compartments
  - Includes storage drawer to organise supplies
- 236811** Premium Monitor Riser



## FELLOWES MONITOR RISER PLUS GRAPHITE

Includes a generous storage drawer perfect for storing paper, various media and stationery supplies.

**235002** Monitor Riser Plus Graphite



## FELLOWES MONITOR RISER PREMIUM

Raises monitor to most comfortable viewing height which reduces possible neck and eye strain due to poor height position.

**235001** Monitor Riser Premium



## FELLOWES MONITOR RISER STANDARD

Innovative stacking columns raise monitor to a comfortable viewing height

**235000** Monitor Riser Standard



## FELLOWES LCD MONITOR RISER

- Minimal desk space and maximum comfort
- Includes storage tray for paper supplies
- Platform rotates 45° to assist shared viewing

**236291** LCD Monitor Riser



## FELLOWES LAPTOP RISERS

### FELLOWES SMART SUITES™ LAPTOP RISER

- Triangular design allows it to fit neatly into desk corner
- Includes 4 port 2.0 USB hub and cable management
- Venting to improve air flow at the back of the laptop
- Large accessory / personal electronics pocket

**232971** Laptop Riser



### FELLOWES OFFICE SUITES™ LAPTOP RISER

Adjustable tilt for optimal viewing angle

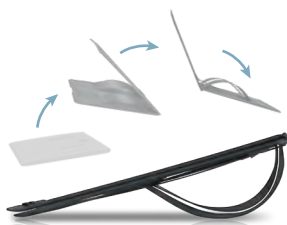
**236813** Laptop Riser



### FELLOWES LAPTOP GORISER™

- Patent pending SoftShock™ technology elevates display, keeps lap cool, and provides soft cushioning for legs
- Cooling vents help prevent laptop from overheating
- Folds flat to fit most briefcases

**232972** Laptop GoRiser™



Use on the desk or on the go

Cooling vents



FELLOWES PORTABLE NETBOOK AND LAPTOP RISERS

FELLOWES NETBOOK RISER SOUND PAD

- Features Integrated Stereo Speakers
- USB fan keeps netbooks cool
- Holds up to 14" Netbook
- 50mm incline provides comfortable working position
- Non-slip fan holds netbook securely

236281 Fellowes Netbook Riser Sound Pad



FELLOWES PRECISION COOLER MINI NETBOOK RISER

- Positional USB fan keeps netbooks cool
- Stores & protects up to 13" Netbook
- 50mm incline provides comfortable working position
- Non-slip fan holds netbook securely

236305 Fellowes Precision Cooler Mini Netbook Riser



FELLOWES PRECISION COOLER LAPTOP RISER

- Positional USB fan keeps netbooks cool
- Stores & protects up to 15" Netbook
- 50mm incline provides comfortable working position
- Non-slip fan holds netbook securely

236304 Fellowes Precision Cooler Laptop Riser



FELLOWES LAPTOP RISER MAXI COOL

- High powered USB cooling fan
- Holds up to 17" Laptop
- 75mm incline
- Non-slip pads holds laptop securely
- Durable light-weight construction

236307 Fellowes Laptop Riser Maxi Cool



FELLOWES MONITOR AND LAPTOP RISER COMPARISON

Comparison Chart	Item Number	Height Range	Height Adjustments	Angle Range	Weight Capacity	Display Capacity
Smart Suites™ Monitor Riser Plus	232973	100 - 130mm	3	N/A	18 kg	21" Flat Panel Monitor
Smart Suites™ Corner Monitor Riser	232970	98 - 130mm	3	N/A	18 kg	21" Flat Panel Monitor
Office Suites™ Standard Monitor Riser Plus	236812	101 - 165mm	5	N/A	36 kg	21" Flat Panel Monitor
Office Suites™ Premium Monitor Riser	236811	101 - 165mm	5	N/A	36 kg	21" Flat Panel Monitor
Monitor Riser Plus Graphite	235002	64 - 165mm	5	N/A	38 kg	21" Flat Panel Monitor
Monitor Riser Premium	235001	64 - 165mm	5	N/A	36 kg	21" Flat Panel Monitor
Monitor Riser Standard	235000	50 -101mm	3	N/A	27 kg	21" Flat Panel Monitor
LCD Monitor Riser	236291	76 - 114mm	3	45°	14 kg	17" Flat Panel Monitor
Smart Suites™ Laptop Riser Workstation	232971	114 - 270mm	5	0 - 45°	6 kg	17" Laptop
Laptop GoRiser™	232972	-	-	-	10 kg	15.4" Laptop
Office Suites™ Laptop Riser	236813	139 - 190mm	6	14° - 27.5°	5 kg	17" Laptop

FELLOWES BLACKOUT AND SCREEN PROTECTORS

PROTECT YOUR EYES

Monitor enhancers are designed to reduce glare and protect your screen while privacy filters render on-screen data unreadable from either side view. Additionally, both types of monitor enhancers help boost productivity by helping prevent eye strain and the headaches associated with prolonged monitor use.

FINDING THE RIGHT FIT

1. Determine your screen type (CRT or LCD) and format (regular or wide).

2. Take a diagonal measurement and choose the filter size that is equal to or slightly larger.



Helps reduce eye strain





## FELLOWES BLACKOUT

### FELLOWES LAPTOP AND FLAT PANEL PRIVACY FILTERS

Darkens screen image from side view.

- Darkens side-view to prevent prying eyes from reading your monitor
- Protects laptop or flat panel screen from dust, fingerprints, and scratches
- Anti-reflective surface reduces screen glare to help prevent eye strain
- Easy to attach and remove

**232953** Widescreen Size 15.4"

**232954** Widescreen Size 17.0"

**232955** Widescreen Size 19.0"

**232950** Regular Size 15.0"

**232951** Regular Size 17.0"

**232952** Regular Size 19.0"



## FELLOWES COPYHOLDER

### YOUR VIEWING RANGE

Placing documents flat on the desktop or at an awkward viewing angle while at your computer can cause eye, neck and shoulder strain. Document holders help minimise this type of discomfort by placing documents in an ergonomically-correct viewing position.



Helps reduce eye strain



## FELLOWES COPYHOLDERS PROFESSIONAL SERIES

### FELLOWES NON-MAGNETIC COPYHOLDER

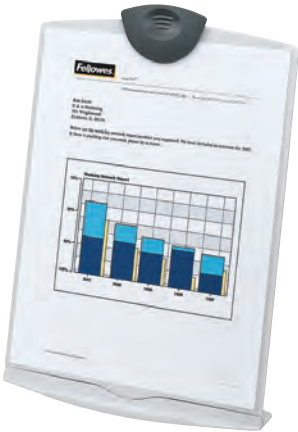
- Track design allows user to re-position line guide and paper holder along the top or side
- Holds A4 size paper

**236024** Non-Magnetic Copyholder



### FELLOWES COPYSTAND

- Six adjustable viewing angles maximise personal comfort
  - Folds flat for easy storage
  - Holds A4 size paper
- 236075** Copystand



HOLDS  
75  
SHEETS

### FELLOWES FLEX ARM WEIGHTED BASE COPYHOLDER

- Rotates 90° for vertical or horizontal positioning
  - Holds A4 size paper or wide forms
- 236124** Flex Arm Weighted Base Copyholder



HOLDS  
150  
SHEETS

### FELLOWES OFFICE SUITES™ DESKTOP COPYHOLDER WITH MEMO BOARD

- Three-in-one copyholder / document holder, dry-erase memo board and clipboard
  - Adjustable tilt customises viewing angle by up to 45°
  - Line guide glides up or down and swings out of the way when not in use
  - Holds A4 size paper
- 236815** Desktop Copyholder with Memo Board



HOLDS  
150  
SHEETS

DRY  
ERASE  
BOARD

### FELLOWES OFFICE SUITES™ MONITOR MOUNT COPYHOLDER

- Adjustable tilt customises your viewing angle
  - Line guide glides up or down and swings out of way when not in use
  - Holds A4 paper
- 236816** Monitor Mount Copyholder



HOLDS  
150  
SHEETS